

Chiropractic Care



What is chiropractic care?

Chiropractic care is a type of medicine in which a licensed specialist realigns the body, specifically the musculoskeletal system. In some cases, these techniques can allow the body to heal itself from injury or improve symptoms without further medical or surgical care.

Who can benefit from chiropractic care?

This type of care is mainly used for pain relief of sore muscles, joints, bones, and connective tissue, and is used for people of all ages. A person may also see a chiropractor to regain mobility of a joint after an injury or treat certain conditions, such as scoliosis. Speak with your primary care physician to see if chiropractic care may be a good option for you.

Potential benefits of chiropractic care

- Reduces the need for prescription pain relievers
- Reduces the symptoms associated with osteoarthritis
- Eases neck pain and headache symptoms
- Improves posture
- Aids with athletic performance
- Reduces blood pressure over time
- Reduces inflammation in the body, which is linked to some serious conditions

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