



# Preparing for Home Emergencies



*You never know when you will be faced with an emergency where you may need to survive on whatever you have with you. For this reason, it is a good idea to assemble an emergency kit ahead of time. This kit should prepare you to survive on your own for at least 72 hours.*

*Here are some tips to putting together your kit:*

**Water.** Make sure you have one gallon of water per person for a minimum of 3 days.

**Food.** Store plenty of non-perishable foods to feed everyone in your household for a minimum of 3 days. Canned food is a common choice. Remember to store a can opener with the food!

**Radios.** Keep a battery-powered or hand-crank radio and a NOAA Weather Radio with tone alert. Store some extra batteries too.

**Flashlights.** Store at least one flashlight that is either battery powered or hand-crank. If it is battery-powered store extra batteries for this as well.

**First Aid kit.** You can buy first aid kits from many stores, of many different sizes, or you can make your own. Make sure to keep one with your emergency kit.

**Garbage bags and moist towelettes.** Keep these handy for personal sanitation purposes. Sanitation is important to prevent illness and disease.

**A whistle.** Keep a whistle in your kit so you are able to signal local officials and relief workers for help.

